



## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Ghielmie Stemmet**

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

**TIME** 04:50:26

**PACE** 06:54/km

**GENDER** 246 of

563

40+ 71 of 161

**OVERALL** 329 of 834

08 July 2023, Sat

**Date**